



# POUNCE

The Official Newsletter of the Pueblo Youth Hockey Association

Volume 1, Issue 2, August/

[www.pyhapanthers.com](http://www.pyhapanthers.com)

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## Welcome Players

Dear PYHA Families,

We would like to take this time to welcome back all PYHA players and their families and express a very special welcome to all new players to our association. We would like to wish all the players good luck in the season ahead and have a safe and fun year.

We've compiled some information that we feel might be very useful in the year ahead. It might sound overwhelming and old to some of the older players' families but we are trying to make an effort to keep the members informed.

First off, we are very excited to introduce our 1<sup>st</sup> house league for 8 & under in Pueblo. This program will allow the kids to have more ice time, increased puck contact, more one on one with coaches, and help the players improve on all fundamentals of hockey without the hours of travel. We are striving to motivate the kids at all levels to have fun while learning the game of hockey.

We ask that once the season begins and you have a problem, issue, or concern your first contact person should be your team manager. Your team manager will then direct you to who you need to speak with.

## **CBI Forms and USA Hockey Registration**

All coaches and team managers must complete a CBI form and register with USA HOCKEY. It is MANDATORY that all coaching staff complete and turn in their CBI (Criminal Background Investigation) form prior to any scrimmage or game. Any referee who is the age of 18 or older must also complete a CBI form.

### **Reminder to all coaches**

Reminder to all coaches, USA hockey training classes must be completed by December 16th 2003. Without the completion of these classes you will not be allowed on the ice. There will be some classes offered in January which will not be effected for this year only next year. For more information, please contact Tom Meek.

### **Referee Clinic**

A referee clinic will be held October 26th, 9:00 am to 3:00 pm at the Pueblo Ice Arena. For more information and details contact Stan Gilliland at 543-2603. Information will be posted at the ice arena.

### **Team Managers for 8 and Under**

The newly formed 8 and under Recreation League has two new team managers. Chris Oberndorfer and Rose Siggins will handle the responsibility of Team Manager. Though it is uncertain how the league will be divided up at this time, you will be contacted by either Chris or Rose. Please watch your email as this is the only way you can be contacted with real time information, and there is a lot of changes going constantly going on while we "cut our teeth" on the new Rec League.

Managers can be contact either by phone or email.

**Rose Siggins** 565-0018 H 671-2834 C  
Projectx8stang@comcast.net

**Chris Oberndorfer** 542-1678 H  
CMO710@aol.com

## **Recreation League Starts**

The newly formed Recreation League started up with the first practice Sunday, September 21. We have over 40 players enrolled in the first session. With all things going on with the association and the arena, the schedule will be fluid for a while. Chris Orberndorfer and Rose Siggins (Rec League Team managers) will keep everyone posted with any changes in schedules. Be sure to check your email on a regular basis, as this is the preferred method of communication with all families.

We fell just a bit short of our original target of 72 players necessary to have two separate leagues (6 and under and a 7 & 8 year old league). But the good news is we have enough to form one large league comprising of 8 and under players. The format will change also, to accommodate all players.

USA Hockey strongly recommends for players 8 and under, a cross-ice program. CAHA and CDYHL, which our association falls under, have also decided to abide by USA Hockey recommendations. We will form the league into 6 teams, playing cross-ice, 4on 4 and 3 on 3 with no goalie and using a small net. This is a proven successful format for players this age worldwide and quickly gaining acceptance in the United States. Game day will be very exciting as there will actually be three games played at once utilizing two sets of rink dividers.

Will Harris will be the Lead Coach for our Rec League. His role is critical to ensure all kids receive skill level specific training and coordinate all coaching needs. We are looking for volunteer coaches. If you are interested, please contact Tom Meeks, On-Ice Director, or Will Harris. All coaches must complete a background investigation and become USA Hockey registered. No one will be allowed on the ice or on the bench without certification.

This all is a huge change for us and it is critical for all parents to support our efforts. With parental support, the changes will be transparent to the kids and this year will be one of our very best.

## CONTACT INFORMATION FOR THE BOARD

### Player of the Week

### OF DIRECTORS

We will now be honoring a Player of the Week award from USA Hockey, You can find a application at our website [www.pyhapanthers.com](http://www.pyhapanthers.com) or log on to [www.usahockey.com](http://www.usahockey.com) site and fill out an application and submit it to us for your player of the week

Mike Desaulniers, President  
Home: 719-547-4098  
Cell: 719-671-1441  
[slapshot826@msn.com](mailto:slapshot826@msn.com)

Rick Catron, Vice-Pres/Equipment Manager  
Home: 719-647-1864  
[pueblopanthers@yahoo.com](mailto:pueblopanthers@yahoo.com)

### In-House League rink divider ads

Tracy Pacheco, Secretary  
Home: 719-547-2937  
Work: 719-757-6875  
Cell: 719-568-0060  
[t.pacheco@comcast.net](mailto:t.pacheco@comcast.net)

The In House League is looking for anyone interested in purchasing a rink ice divider ad. Your name, business name will be placed on the rink divider for \$200.00 for two years. please contact Rick Catron (647-1864) for more information.

Bill Gerrett, Treasurer  
Home: 719-547-7545  
Pager: 719-593-6561  
[wggerrett@netzero.net](mailto:wggerrett@netzero.net)

Ryan Root, Fifth Elective Member  
Home: 719-671-0266  
Work: 719-544-9139  
[ryanroot@riceroot.com](mailto:ryanroot@riceroot.com)

### Tournament Information

The following is a list of tournament dates currently scheduled for PYHA Panthers (Pueblo)

Thomas Meek, On-Ice Director  
Home: 719-547-8755  
Work: 719-948-5223  
Cell: 231-580-4879  
[Thomas.meek@elpaso.com](mailto:Thomas.meek@elpaso.com)

#### Pueblo Panther Classic Midget Major A/High School,

October 10-12, 2003

#### Pueblo Panther Classic PeeWee A-B Tournament

December 12-14, 2003

#### Pueblo Panther Classic Squirt Tournament Squirt B-C

January 30, 2004 - February 1, 2004

#### Pueblo Panther Classic Mite Tournament

Date to be determined

Mary Kay Jimenez, Scheduler  
Home: 719-564-6851  
Cell: 719-251-0575  
[goaldigger2@msn.com](mailto:goaldigger2@msn.com)

Cindy Olguin, CAHA Rep/Registrar  
Home: 719-547-4378  
Work: 719-564-0880  
Cell: 719-82102634  
[tcolguin@fone.net](mailto:tcolguin@fone.net)

Darrin Archuleta, Committee Chair  
Home: 719-561-9095  
Work: 719-267-5033  
Cell: 719-369-9160  
[brendanddarrin@aol.com](mailto:brendanddarrin@aol.com)

## *Cross Ice Hockey?????*

With the implementation of the newly formed 8 and Under Recreation League, a lot of Panther Parents are asking; “What the Heck is cross ice?”

If that is not your question, then maybe you are asking; “Why are we playing cross ice?” Well, lets take a look at the cross-ice program and maybe we can answer both questions.

First lets define the term “cross-ice.” This is when we divide the arena into three separate sheets of ice by placing two sets of rink dividers on both blue lines. This creates three separate playing zones. Small nets are placed at each end of each zone (at each side board). Line shifts are changed every one and a half minutes and lines are filled with 3 to 4 players, depending on the given team size. Goalies don’t exist. All players “skate out.” In a nutshell, that is cross-ice hockey. Traditional thinkers will not take quickly to this concept. However it is proven very successful.

Lets now take a look at why we play cross-ice.

Scientific knowledge indicates that the greatest window of opportunity for the development of physical skills exists between the ages of 6 and 13 years. It is critical that during these ages young players are physically active, mentally stimulated and, most importantly, having fun during games and practice. The introduction of “cross-ice,” or small games will allow both the team and individual players to move closer to this ideal.

Small games have been around forever. Remember back to playing pond hockey, games in the basement, the driveway or even the street? When kids drag out the nets, they don’t place them 200 feet apart. As a matter of fact, when young adults set up a make shift surface, they don’t pick the Olympic sheet either.

Many European country national teams have small arenas in which the small game is the norm. Milan Hejduk and Peter Forsberg both grew up playing on small ice. Next time you watch an Av’s game, watch the quickness, puck handling ability to maneuver in a small crowded area both of these players demonstrate. Is their talent and skill directly contributed to small ice? Not all of it. A lot of it is no doubt god given, but a lot can be contributed to early development and training they received on small ice.

The Calgary Flames, Middlebury College, Northeastern University and the Czechoslovakian National Team, to mention only a few, have made small ice, and even cross-ice practices a vital part of their program.

Though specific drills are a big part of any organized practice, there are no drills providing the combination of thinking, reading, reacting, competing, skating, passing, shooting and stick handling like experienced in a cross-ice game.

Players will get more ice time, will be more involved in the actual game instead of just skating, get more “touches” and will have more scoring opportunities. Players not accustomed to being involved on the ice, will become more involved by simply being in this environment. The bottom line is players will have more **FUN!!!!**

Given the chance, everyone will love the action and fun this format will provide, players and parents. Our kids will be playing hockey and not just skating from one end of the arena to the other without any chance of touching the puck. Pueblo has an opportunity here to be on the cutting edge of this new philosophy. Hopefully we will all embrace it for what it is.

For more information, on how cross ice works, please log onto [www.nxhl.org](http://www.nxhl.org)



# The month of August

## **SUMMER SKATE COMES**

### **TO A CLOSE**

The first annual Pueblo Panther Summer Skate for players eight years and under came to a close, Thursday evening as the kids skated their final session for the year. What a success!! We had over fifty kids, many of them new to Pueblo Hockey. They all skated with us and learned how fun hockey can be, thanks to the many volunteers and parents that gave up free time this summer to join our family. And a special thanks to all the children that took part in the “cool” fun. I think everyone enjoyed it, even more on those hot summer days.



*Star Trek Hockey players skating*

## **WET N WILD AT ROCK CANYON**

We would like to thank everyone who came out to our annual barbecue. We hope all of our PYHA members and their families had a terrific time. The food was fantastic, the weather was hot, the water was cold. Many members enjoyed the water slide, not talking about the kids here, a few adults took to the slide. Some enjoyed a relaxing game of horseshoes, while others laid under the hot sun to finish off their golden tan. A good game of volleyball started after a few members had left for the day. We all know who the diehard barbecue party members are? All in all, everyone enjoyed themselves with great food, conversation, and fun.





## AVALANCHE CROSS WORD PUZZLE

W O R R E L L A K V G J L O N  
M F B C T Q Z X A M B G L T I  
C O B E O H W D R U Z K A H K  
A X R C O T E T I G B H H T O  
L Z V R F I Q W Y N V I I Y L  
L L A B I M M I A G L T N A I  
I L E Z Q S K O U L A J O U S  
S E B G K P P Y H A R N T G H  
T R I Q A Z S E L A N N E N I  
E R S Y P B A T T A G L I A N  
R O C R T L K Y U I O R D T Z  
S W H T O A I T W I L L S I E  
D G E J I K C R Z H I Y F V C  
F O R S B E R G X L P O B T N

David AEBISCHER

Paul KARIYA

Dan HINOTE

Riku HALL

Peter FORSBERG

Adam FOOTE

Rob BLAKE

Bates BATTAGLIA

Serge AUBIN

Chris MCALLISTER

Derek MORRIS

Andrei NIKOLISHIN

Joe SAKIC

Teemu SELANNE

Martin SKOULA

D.J. SMITH

Alex TANGUAY

Brian WILLSIE

Peter WORRELL



# Just for Kids



*Below is a distorted picture of a jersey. Can you figure out the name and number? Please email [projectx8stang@comcast.net](mailto:projectx8stang@comcast.net) with your answers. The participant with the correct answer will receive a prize!  
Hint: He is retired.*



## Quiz Questions

Circle the correct answer

Who wears number 12 for the Calgary Flames?

Steve Begin  
Jarome Iginla  
Denis Gauthier  
Romak Turek

What is the jersey number of Milan Hejduk?

20  
26  
19  
23

## Tip

Forward Stride Techniques can be used for skating on ice or inline skates. Practicing and bettering these techniques will help improve your forward speed, balance and power.

## Important Information

Website questions or concerns please email our webmaster  
T.pacheco@comcast.net

Start of the new season the newsletter will be posted on the website and a limited number of copies will be printed. Please visit our website

Maps for ice arenas can be found at [www.arenamaps.com](http://www.arenamaps.com)



## Next Board of Directors Meeting

**Wednesday, October 8, 2003**

**Marriot Hotel, 7:00 pm**

*All PYHA members are welcome to attend these meetings.* If you would like to discuss something at a board meeting you must contact the PYHA Secretary, Tracy Pacheco (t.pacheco@comcast.com), one week prior to the board meeting so that it can be placed on the agenda.



**[www.pyhapanthers.com](http://www.pyhapanthers.com)**

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